“The Acceptance the Way I Am”

“Each day I work so hard. You see I am Autistic. Do you understand how I think? I am half in Your world and half in mine. Can I explain? My senses are swirled together. You are confused I bet. I do want to explain. My hearing is pronounced and I do see way too much at once. Thought you should understand how I process the world. I can only speak for myself regarding this. Imagine having no speaking voice but still having words to say. So when you are thinking that would be ok. Try it. I am sure you will quickly give up. This isn’t an option for me. All I want is to speak like you. Now I am ok with this but want to help others like me, by sharing my situation and asking people to be understanding and kind. Put yourself in my shoes. Let’s spread the word and make change. I didn’t have any way to communicate until I was five. Now on my letter board I can speak freely. Please don’t look at me and think that I am not intelligent. My body is telling you something different and making you assume that I am totally not here. I am trapped in a body that I can’t control. I may look weird with my rocking and noises but my brain is normal. I hate when I am out of control and annoy my friends. I realize I get judged often surrounding my movements. I want you to understand that I think like you only my body and sensory system are different. Like Stephen Hawking he was in there but his body stopped listening to his brilliant mind. I think we take for granted the people who don’t talk in a traditional way. Only I want to do something about this. Won’t you help me by spreading the message?

To help create change you can talk to me direct not my aide. Include me in the conversation. Remember that I am intelligent. Don’t speak to me like a baby. I am totally capable of learning. Do the right thing. Hard I know to believe my mind is sound. Time to accept differences so the world can make people like me feel like we belong.” -Luke Burke,